

INME Adventure Camps offer unique and safe learning opportunities to build life skills through fun, exciting, engaging and memorable adventurous experiences in unmatched outdoor locations.

Triple Trouble is a multi-activity adventure in Rishikesh with white water rafting, kayaking and high ropes course. Children raft a section of the Ganga. The module starts with a safety briefing, class in hydrology followed by safety drills before taking on the rapids. Kayaking takes the group on an expedition to Beas Ghat where they set up camp on the beach and do a night out. The ropes course contains challenging and thrilling elements

Along with adventure activities, the program provides a varied mix of camp games, activities and community & social awareness.



Code	Age-Group	Departure	Arrival
TTR1	14-17 yrs	20 May	27 May
TTR2	14-17 yrs	27 May	03 Jun

Cost: Rs. 54,900



CAMPUS AND AREA

Our stunning forest campus, Camp Aquaterra, is located in the main Upper Ganga valley, 30 kms from the rafting capital of India, Rishikesh.

Nestled amidst pine and oak forests, the campus provides a complete outdoor experience with options for white water rafting, kayaking and ropes courses.



TRAVEL

From Delhi:

The departure is at 6 am sharp (report by 5:15 am) from New Delhi Airport, Terminal 2 Bus parking by AC buses till Camp.



Return to Delhi:

Estimated Time of Arrival is 10 pm at New Delhi Airport, Terminal 2 Bus parking.

Outstation Participants

Alternatively, fly to Dehradun to join the program. Before booking, please check with us for recommended flight timings.

WEATHER

Summer temperatures range between 22°C to 40°C. Afternoons tend to get a little hot. We manage activity time to make sure children are indoors during peak afternoons.



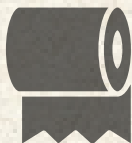
ACCOMMODATION

Participants stay in fixed tents. Separate accommodation for boys and girls.



TOILETS

Western toilets with hand faucets and flushes. Hot water can be provided for bathing.



SAFETY AND SECURITY

Our children's safety and security is given the highest priority at Inme Learning. We take several steps to ensure the transport (driver and vehicle) is checked thoroughly before departures.

All our technical equipment like ropes, carabiners, helmets, harnesses, etc are of the highest approved quality and all the equipment is regularly audited by our certified team.

Our Camp Chief and Instructors are extremely well trained, experienced and certified by us as well as by external agencies like NOLS, NIM, JIM, HMI, etc. on a regular basis. We have a doctor and all the necessary medical equipment available 24x7 on all our camps throughout the duration of the program.

We also have an emergency vehicle on hand for quick response time in case of any unforeseen emergencies. These are all precautionary measures that we follow.

However, we have had an excellent track record on safety and security of more than 100,000 children over the last 26 years.

INSTRUCTORS & MEDICAL SUPPORT

Keeping the children's safety and security in mind, we follow a 1:6 instructor to child ratio.

Instructors include a mix of female and male instructors.

A resident doctor is available on the camp throughout the duration of the camp.



FOOD

Wholesome nourishing meals are provided. The food is largely vegetarian with non-veg served 2-3 times on the program. Other than breakfast, lunch and dinner we provide snacks and refreshments at appropriate times with emphasis on staying hydrated. There is variety and we take care of both taste and nutrition in planning the menu.



FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercising a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



DAY WISE SCHEDULE

- Day 1** **WELCOME** Arrive at inme Rishikesh campus by lunch. Campus introduction, orientation and settling in. Icebreakers help participants get to know each other.
- Day 2** **WATER AND ROPES** Start rafting from ATA Shivpuri and end at NIM. After lunch, hit the ropes course and tackle some challenging elements.
- Day 3** **HIT THE RAPIDS** Take on the rapids, learn self-rescue and safety management techniques such as flip drill and how to guide the raft. Post lunch, continue with high elements of the ropes course.
- Day 4** **IN YOUR KAYAKS** Trek to a nearby village and get an understanding of the local culture of the place. Post lunch, start with introduction to kayaking, and paddle down from Silver Sands to Gular Bridge.
- Day 5** **UNDER THE STARS** Leave for Devprayag to start the kayaking mini-expedition from Devprayag to the fantastic beach at Beas Ghat, North India's most famous fishing spot! Camp overnight and enjoy the beach campfire.
- Day 6** **PADDLE ON** Kayak 15 kms in the remote part of the upper Ganga gorge till Kaudiyala to finish the kayak expedition.
- Day 7** **HELTER SKELTER** It's time for the inme Olympics! At night the participants get to showcase their talent in the Talent Night!
- Day 8** **HOMEWARD** A final de-brief and reflection session is held in the morning. Post lunch, leave the campus. Arrival by 10:00 pm at New Delhi Airport Terminal 2 Bus parking.

